



WPSG Newsletter

Wootton Medical Centre, 36-38 High Street, NN4

6LW telephone: 01604-709922

www.woottonmedicalcentre.co.uk



March 2017

CHRISTMAS RAFFLE UPDATE

Thank you to everyone who contributed either by purchase, donations or prizes, for your help in raising **£649** to help us buy a much needed new defibrillator for the Practice.



Disposal of Sharps Containers

All syringes, needles, lancets and clip-a-safe devices **MUST** be disposed of in a special **YELLOW** box and destroyed by incineration. This is a **LEGAL** requirement. The boxes can be obtained from the surgery when ordering medication. The Council provides a **FREE** collection service and collects boxes by prior arrangement.



Northampton Borough 0300 330 7000
Davertry District 01327 871100
South Northamptonshire 01327 322322

Wheelchair Access

A wheelchair is always available to make it easier to transfer from the car park to the Surgery. Please ask at Reception when you arrive.



Missed Appointments



It is very important that you always attend your appointments or if unable to attend you inform Reception in **plenty** of time. A missed appointment results in time wasted which could have been spent with another patient.

Join the Patient Supporters Group

Do you have views on local healthcare? Could improvements be made? Would you like to share your opinions and ideas? Why not join the Wootton Patient Supporters Group (WPSG) and attend our quarterly meetings attended by patients and Practice personnel including Dr Burada. Here you can put forward ideas and suggestions to help us maintain the high level of service and care we currently enjoy and at the same time get a better understanding of how a modern medical Practice functions.

Our role is to support all aspects of the Practice appropriate to the patients.

Next meeting on April 26th at 18:30pm

If interested please contact the Practice Manager, **Shirley Connolly**, telephone **01604 - 709933**

Private Medical Insurance

If you have Private medical insurance please let your GP know during your appointment if you wish to use it.

This will reduce the chances of later misunderstandings and/or delays in any treatment being planned

Carer's Sitting Service

VOLUNTEERS are needed to give CARERS a break. Could you spare a few hours to help a worthwhile cause?

The Sitting Service gives a break to those who have a caring responsibility and takes the form of befriending someone locally and meeting that person in their own home.

No domestic chores are to be undertaken and training and ongoing support are given.

Your travel expenses are paid.

Please call Adam Wilson on **01933 677837** or **07432 556269** if you are interested

SystemOnline

You can now book some appointments and order repeat prescriptions online 365 days a year, 24 hours per day.

To register:

- Download or collect an application form from reception.
- Bring the completed form and **2 proofs of identity** (one of which needs to be photo ID) to reception.
- Once approved you will be issued with a **username** and **password**.
- Please allow 24 hours for application processing.



Advice for Eczema Sufferers

- The National Eczema Society recommends using 250 to 500g emollient per week.
- Apply in the direction of hair growth.
- Do not rub cream into the skin too vigorously, as this can have the same damaging effect as itching.

Cinema for All

The Errol Flynn Filmhouse at Royal & Derngate has film screenings for disabled people and Parents and Babies.

- Autism friendly films are shown in a relaxed atmosphere when no adverts and trailers are shown. You are free to move around during the film and make some noise.
 - Disabled customers are entitled to concessionary rates as are their carers.
 - Parent and Baby screenings offer a relaxed environment creating a stress free zone including light and sound control.
- Contact CUSTOMER SERVICES **01604 626222** for more information.



Friends and Family Test



The FFT is a simple way for you to provide feedback on your experience of **ALL** aspects of your contacts with the Practice. Not only your medical treatment but also telephone/personal conversations and follow-ups. By doing this after each visit, the rapid feedback enables prompt action to be taken when and where needed.

The results and any actions taken are published on the Practice Website every month.

Please complete a form on your next visit.

We can use this information to help maintain our high standards as shown in the results of the CCG Survey.

Your answers are **anonymous**.

Shingles Jabs

Shingles is very uncomfortable and in some cases, very painful with chronic nerve pain. Free Shingles immunisation is recommended for people aged 70 to 79, but as this is being introduced in phases please check your suitability with reception. People aged 80 and over are not eligible as the vaccine is less thought to be effective in this age group.

TEST RESULTS



For all **TEST RESULTS** please telephone after 1pm

