



Wootton
Medical Centre

Self- Referral and Directory of Services

Category	Description	Contact Details
Blood Tests	Routine blood tests by appointment only	<p>Wootton Medical Centre</p> <p>Website: https://woottonmedicalcentre.co.uk/</p> <p>Telephone: 01604 709922</p> <p>Opening hours: 08.00-18.30 Monday to Friday</p>
		<p>Northampton General Hospital</p> <p>Website: https://www.northamptongeneral.nhs.uk/Services/Our-Clinical-Services-and-Departments/Pathology/Pathology.aspx</p> <p>Telephone: 01604 545402</p> <p>Opening hours are 9.00 – 17.30 Monday to Friday</p>



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Bereavement Service	<p>The PALS / Bereavement Service provide sympathetic information, advice and guidance to bereaved relatives and carers by helping them through the practical arrangements following the death of a loved one in hospital. The team can help you deal with issues such as:</p> <p>Registering the Death</p> <p>Funeral Directors</p> <p>The Coroner and Coroner's Office</p>	<p>Website:</p> <p>https://www.northamptongeneral.nhs.uk/Services/Our-Non-Clinical-Services-and-Departments/Bereavement-Service.aspx</p> <p>Telephone: Open hours: Monday - Friday from 09:00 - 16:00, excluding bank holidays</p> <p>Telephone: 01604 523489 or 01604 523454</p> <p>Email: ngh-tr.pals@nhs.net</p>



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British Pregnancy Advisory Service	This service is a safe and legal way to end a pregnancy at an early gestation without needing to attend a clinic for treatment	Website: https://www.bpas.org/contact-us/bpas-northamptonshire/ Contact details: https://www.bpas.org/contact-us/bpas-northamptonshire/
Breast Screening Services	Screening units do not offer drop-in screening on request. Breast screening for women aged 50-70 is by appointment only. Invitations for screening are sent automatically to women up until their 71st birthday. Women aged 71 or over can contact their breast screening unit to make an appointment	Website: https://www.nhs.uk/services/service-directory/northampton-bss/N10959614 Telephone: 01604 545825



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	every 3 years. Women with breast symptoms should see their GP.	
Carers Information and support	Northamptonshire Carers	Website: https://www.northamptonshire-carers.org/pages/category/support-we-provide
	Helping hands at home	Website: https://www.helpinghandshomecare.co.uk/our-locations/northampton/ Telephone: 0333 060 1225 or 01604 359097
	Care and Home care	Website: https://www.homecare.co.uk/homecare/listings.cfm/searchcounty/Northamptonshire
	Carers UK	Website: https://www.carersuk.org/northamptonshire-carers/ Contact details: https://www.carersuk.org/contact-us/



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Drugs, Alcohol, Gambling, and Homelessness	These pages on the website are for people with drug, alcohol or gambling problems who are homeless or worried about becoming homeless in Northampton.	Website: https://www.northampton.gov.uk/directory-record/2330/drugs-alcohol-or-gambling
	Drugs & Alcohol Rehabs in Northampton and near Northampton	Website: https://www.rehab4addiction.co.uk/country-wide/drug-alcohol-rehab-northampton
	Substance to Solution	Website: https://www.changegrowlive.org/substance-to-solution-northamptonshire/northampton Telephone: 08081 698 512
	Bridge Substance Misuse Programme	Website: https://www.bridge-northants.org.uk/ Telephone: 01604 621 259
Eye Clinics	Northampton General Hospital	Website: https://www.northamptongeneral.nhs.uk/Find-Your-Way-Around/Directions/Eye-Unit.aspx



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		<p>Telephone: 01604 545085/634700 ext 8011</p> <p>Opening hours: Monday to Saturday 08.30-16.30 Sunday and Bank Holidays 09.00-12.30</p>
	Kettering General Hospital	<p>Website: https://www.kgh.nhs.uk/eye-casualty-department/</p> <p>General Enquiries Tel: 01536 492000</p> <p>E-mail: kgh-tr.enquiries@nhs.net</p>
Health Visitors-children's 0-19 Services	We provide the Healthy Child Programme, a planned series of contacts (face to face or virtual via video call) with children and young people up to 19 years old and their families. These contacts are provided by a	<p>Website: https://www.nhft.nhs.uk/0-19/</p> <p>Children's Admin Hub To contact the team or find out any other information call: 0800 170 7055 (Mon-Fri 8:30am - 4:30pm) Email: CUSadminhub.nhft@nhs.net</p> <p>Breastfeeding helpline: 077951 10109 for breastfeeding advice and support (Mon - Fri 9am - 3pm)</p> <p>ChatHealth: text a school nurse for friendly, helpful advice. This service is designed for 11-19 year olds: 07507 329 600 (Mon-Fri 9am-4pm)</p> <p>Health visitors facebook: www.facebook.com/Healthvisitors run by local health visitors to bring you the very latest advice and information</p> <p>School Aged Immunisation service – you can call 0800 170 7055 (option 5) if you have query relating to your school aged child's immunisations Monday to Friday 8.30am- 4.30pm</p>



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healthy visitor for children who are pre-school age, and school nurses who help to look after children who are school age. Our team also has an infant feeding support team, family nurses (if you are under 18 and pregnant), and children's weight management and continence services. We aim to support families across Northamptonshire providing a universal service for all, whilst also identifying those who might need specific help.

0-19 Live Chat - To start 0-19 Live Chat click the orange button on the bottom right-hand side of the page. Via Live Chat you can book appointments for development **appointments and school aged** immunisation appointments (please remove), change or cancel appointments with the 0-19 service, ask for advice, information or signpost to local resources and services. You can ask general queries regarding the 0-19 service and also request a call back from a duty health visitor or school nurse regarding your child's health, wellbeing or behaviour. All live chats are secure with end-to-end encryptions provided by a digital certificate and NHS information governance standards.

You could also discuss any of the above directly with the 0-19 Admin Hub on 0800 170 7055 (option 4)

0-19 Referral form

<https://www.nhft.nhs.uk/0-19-referral-form>



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Maternity and New Pregnancy	This service is only for patients self-referring to Northampton General Hospital. Self-referral form available on the website	<p>Website:</p> <p>https://maternity-referral.ngh.nhs.uk/</p> <p>If you have any difficulty or require any assistance with completing the form, please contact 01604 545430 (Monday-Friday 8:30-16:00).</p>
	Community Midwifery	<p>Website:</p> <p>https://www.northamptongeneral.nhs.uk/Services/Our-Clinical-Services-and-Departments/Obstetrics-and-Gynaecology/Maternity/Your-Pregnancy/Community-Midwifery.aspx#:~:text=However%20if%20this%20is%20out,delivery%20suite%20on%201604%20545058</p> <p>Telephone: 01604 523529</p>
Mental Health	Changing Minds Northampton – NHS psychological therapies services (IAPT), including cognitive behavioural therapy (CBT)	<p>Website</p> <p>https://www.nhs.uk/services/clinic/changing-minds-northamptonshire/NRW01/departments/SRV0339/nhs-psychological-therapies-services-iapt-including-cognitive-behavioural-therapy-cbt/</p> <p>Telephone: 0300 999 1616</p> <p>Email: keepingintouch@nhft.nhs.uk</p>



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	<p>NHS Northamptonshire Talking Therapies Health is a talking therapies service for people living with a long-term condition such as diabetes, respiratory difficulties (e.g., COPD), cancer and cardiovascular disease (CVD).</p> <p>We offer non-urgent psychological therapy for common mental health problems in the context of a long-term condition.</p> <p>We support people from across Northamptonshire, including Corby, Kettering,</p>	<p>Website: https://www.nhft.nhs.uk/talkingtherapies/</p> <p>Telephone: 0300 999 1616 (9 to 5 weekdays)</p> <p>Please note: NHS Northamptonshire Talking Therapies is not an emergency service. If you require urgent or out of hours mental health support please call The Mental Health Number (integrated mental health response hub) on 0800 448 0828 (lines available 24 hours a day, seven days a week).</p> <p>Self Referral form:</p> <p>https://gateway.mayden.co.uk/referral-v2/76be1103-b59c-408e-baac-ec4e9210f65f</p>
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	<p>Wellingborough and Daventry.</p>	
	<p>Child and Adolescent Mental Health Services (CAMHS) Our team supports Northamptonshire's children and young people. Our service is the Children and Young People Mental Health Service and we are often known as CYMHS or CAMHS.</p> <p>Who is this service for? Children and young people up to the age of 18 and registered with a GP in Northamptonshire.</p>	<p>Website: https://www.nhft.nhs.uk/camhs/ Live chat – talk to us on CAMHS live 9am to 9pm, Monday to Friday Text a school nurse – for friendly, helpful advice. This service is designed for 11- to 19-year-olds: 07507 329 600 Monday to Friday, 9am to 4pm Phone – the consultation line for parents, carers, young people and professionals is available 9am to 9pm, Monday to Friday on 0800 170 7055</p> <p>If you are in a crisis, at risk of self-harm or suicide – the CAMHS crisis team is open 24/7 and can be accessed by calling 0800 170 7055 Or: Text Shout to 85258 at any time day or night. You can find out more by accessing the Give a Shout website If your life is at imminent risk, call 999 for emergency help</p> <p>How do I register for this service?</p> <p>How to access this service: We accept referrals from any professional background through our Referral Management Centre. Young people and their families can speak to a member of our team live and online for advice and guidance through CAMHS Live.</p>
	<p>Turning Point</p>	<p>Website: https://www.turning-point.co.uk/</p>



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		Telephone: 01234 219 817
	Mind - Northampton	Website: https://www.northamptonshiremind.org.uk/mind-in-northampton Telephone: 01604 634610 24/7 support telephone 0800 448 0828
NHS 111	NHS 111 online will not give you a diagnosis but will direct you to the best place to get help for your symptoms.	Website: https://111.nhs.uk/ Call 111 if you cannot use the online service because you: <ul style="list-style-type: none">• need help for a child under 5• have complex problems caused by an existing medical condition• need to get end-of-life care



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other ways to contact 111

If you have a hearing problem

Text relay

Call 18001 111 using the Relay UK app or a textphone. This is available 24 hours a day.

[Find out how to use the Relay UK app or a textphone on the Relay UK website](#)

If you need help in another language

British sign language (BSL)

Use [signvideo.co.uk/nhs111](https://www.signvideo.co.uk/nhs111)

Other languages



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		Call 111 and ask for an interpreter.
PALS	When you need advice, have concerns, or don't know where to turn. PALS can signpost to other organisations that may be able to help patients. This includes advocacy services, charity services, NHS England and other NHS Trusts.	Website: https://www.northamptongeneral.nhs.uk/Patients-and-Visitors/PatientAdviceandLiaisonService.aspx Telephone: 01604 545784
Pharmacies	Local	<u>Wootton Pharmacy</u> Pharmacy 40 High St · 01604 706908 Open · Closes 6:30 pm In-store shopping-In-store pick-up-Delivery
		<u>Tudor Pharmacy</u> Pharmacy Tudor Court, Wootton Hope Dr · 01604 661663



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		Open · Closes 6 pm In-store shopping-Delivery
		<u>Jhoots Pharmacy</u> Pharmacy Wilks Walk, Grange PArk, Finney Dr · 01604 877297 Open · Closes 6 pm In-store shopping-In-store pick-up-Delivery
		<u>The Mounts Pharmacy</u> Pharmacy Campbell St · 01604 250838 Open · Closes 10 pm In-store shopping-In-store pick-up-Delivery
		<u>Delapre Pharmacy</u> Pharmacy 52 Gloucester Ave · 01604 760033 Open · Closes 6 pm In-store shopping-In-store pick-up-Delivery
		<u>Regent Pharmacy</u> Pharmacy 10-11 Regent St · 01604 250734 Open · Closes 9 pm In-store shopping-In-store pick-up-Delivery
		<u>Far Cotton Pharmacy</u> Pharmacy Delapre Cr Rdd · 01604 874444 Open · Closes 6 pm



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		In-store shopping-In-store pick-up-Delivery
Physiotherapy	Here at NHFT our physiotherapists are highly skilled, independent practitioners. Each specialises in their own areas of further learning and specific skill sets. Who is this service for? Adults and Young people aged 12 years old or older, requiring assessment, diagnosis and treatment for musculoskeletal conditions.	Website: https://www.nhft.nhs.uk/physiotherapy/ (including Musculoskeletal (MSK) and Advanced Physiotherapist Practitioners (APP's)) Full contact details link https://www.nhft.nhs.uk/contact
	Community Therapy	Website: https://www.westnorthants.gov.uk/staying-fit-well-and-independent/community-therapy



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	<p>The Community Therapy Service aim to support you to live your best life with your disability or long-term condition and connect you to your local community.</p> <p>The service provides assessment and recommendations for adults alongside additional support and advice.</p> <p>This can range from the loan of equipment from the Integrated Community Equipment Store, arranging minor adaptations, or recommending major adaptations. We</p>	<p>Telephone: 030 126 7000</p>
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	<p>may also make an onward referral to another specialist service.</p> <p>We also provide assessments for children with disabilities or long-term conditions who may benefit from adaptations to the home.</p> <p>The service will provide a free assessment, support and advice.</p>	
Podiatry	<p>As the clinic is not part of the NHS, we accept self-referrals from the general public. (Please note: The car park pay machine only accepts card</p>	<p>Website: https://www.northampton.ac.uk/about-us/services-and-facilities/podiatry-clinic/</p> <p>Email: podiatry@northampton.ac.uk</p> <p>Telephone: 01604 893232</p> <p>Our appointments run between 8.40am – 3.15pm.</p>



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	or contactless payments.). You will have a choice on whether you see a student or a graduate/specialist, with the price reflecting which type of treatment respectively.	
Pregnancy	See British Pregnancy Advisory Service	
Sexual Health Clinic	We offer testing and treatment for sexually transmitted infections (STIs), Long Acting Contraception (Implants, depo injections and coils), emergency contraception, complex contraception and HIV outpatient care	<p>Website: https://www.nhft.nhs.uk/sexual-health/</p> <p>Emergency Contraception Pharmacies</p> <p>ou can get FREE Emergency Contraception from 96-120 hours (3-5 days) after unprotected sex from one of the following pharmacies around our county. This is available for all age groups:</p> <p>North Northamptonshire</p> <p>Finedon Pharmacy – Finedon 95 Wellingborough Road, Finedon NN9 5LG Phone: 01933 680 330</p>



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Who is this service for? Our service is for everyone, whatever your gender, sexuality, age, race or faith. We also run dedicated clinics for young people.

AN Patel (Mill Rd) Pharmacy
181 Mill Road, Kettering, NN16 0RH

Thursfields Pharmacy
63-65 Gold St, Kettering NN16 8JB
Phone: 01536 484805

Odessey Pharmacy
50 Trafalgar Square, Kettering, NN16 8DD
Phone: 01536 513820

Harborough Fields Pharmacy
160 Newton Rd, Rushden NN10 0GP
Phone: 01933 469157

Thrapston (Avicenna Partner) - Kettering
46 High Street, Thrapston, Kettering NN14 4JH
Phone: 01832 732444

A1 Chemist - Wellingborough
4 Herriotts Lane, Wellingborough NN8 4PT
Phone: 01933 222748

Priors Hall Pharmacy - Corby
7 Regents Place, Priors Hall Park, Weldon, Corby, NN17 5GT
Phone: 01536 214366

Mr Pickford's Express Pharmacy - Corby
6 -8 Spencer Court, Willow Place Shopping Centre Corby NN17 1NU
Phone: 01536 264014

Howitts Chemist



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		<p>10 High St, Desborough, NN14 2QS Phone: 07709 787166</p> <p>West Northamptonshire</p> <p>Parklands Pharmacy 1a Coppice Drive, Northampton, NN3 6ND Phone: 01604 647113</p> <p>Superdrug 9-11 Wood Street, Grosvenor Centre, Northampton, NN1 2ED Phone: 01604 624817</p> <p>Spackman and McKenzie - Abbey House Pharmacy Abbey House Surgery, Golding Close, Daventry NN11 4FE Phone: 01327 702617</p> <p>Superdrug Daventry Units 1&2 Foundry Walk, Daventry, NN11 4PN Phone: 01327 878828</p> <p>Far Cotton Delapre Crescent Road, Far Cotton, Northampton, NN4 8NG Phone: 01604 874444</p>
	Northampton General Hospital	<p>Website:</p> <p>https://www.northamptongeneral.nhs.uk/Services/Our-Clinical-Services-and-Departments/Medicine/Sexual-Health-in-Northamptonshire/Sexual-Health-in-Northamptonshire.aspx</p> <p>Telephone: 0300 027 0110</p>



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Sharps Container Disposal		<p>Website: https://www.westnorthants.gov.uk/bin-collection-services/clinical-waste-and-sharps-collection</p> <p>Sharps collection times</p> <p>Sharps collections are only available pre-booked in:</p> <p>Daventry area: Thursday Northampton area: Monday and Friday South Northamptonshire area: Tuesday - must be booked by 4pm on Monday</p> <p>https://www.northampton.gov.uk/xfp/form/505?council=wnc Daventry Telephone: 01327 871100 https://www.northampton.gov.uk/xfp/form/258 Northampton area Telephone: 0300 330 7000 https://www.northampton.gov.uk/xfp/form/443?council=wnc South Northampton area Telephone: 01327 871100</p>
Social Prescriber	Referral through GP Practice Only – No GP appointment needed	<p>Social prescribing involves helping people to improve their health and well-being by connecting them to activities in the community. Link Workers connect those feeling lonely, overwhelmed or in need of help to a range of local support, from community and activity groups to work, debt or housing advice. Our Social Prescriber Link Workers, can help with getting people to focus on their own priorities and the things that affect their well-being as well as supporting people to take more control of their health and introducing people to groups and activities in the community</p>
Social Services	Adult Social Care and wellbeing	<p>Website: https://www.westnorthants.gov.uk/adult-social-care-and-wellbeing</p>



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	Reporting a concern for an adult	<p>Telephone: 0300 126 7000</p> <p>https://www.westnorthants.gov.uk/adult-social-care-and-wellbeing/reporting-concern-about-adult</p>
	<p>Social Services for Children</p> <p>Reporting a concern for a child</p>	<p>Website:</p> <p>https://www.westnorthants.gov.uk/children-and-families</p> <p>https://www.westnorthants.gov.uk/children-and-families/report-concern-about-child</p>
Stop Smoking Service		<p>Website:</p> <p>https://www.westnorthants.gov.uk/stop-smoking-drug-and-alcohol-support/stop-smoking</p> <p>Referral form</p> <p>https://northamptonshire-self.achieveservice.com/service/Contact the West Northamptonshire Stop Smoking Service</p> <p>Telephone: 0300 126 5700</p> <p>Email: smokefree@westnorthants.gov.uk</p>
Transport – non urgent	Individuals who require non-emergency patient transport can call the EMAS booking line on 0300 300 3434 to secure a	<p>Website:</p> <p>https://www.icnorthamptonshire.org.uk/non-emergency/#:~:text=Individuals%20who%20require%20non%2Demergency,the%20date%20of%20their%20a</p> <p>ppointment.</p> <p>Telephone: 0300 300 3434</p>



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slot. EMAS will agree to providing transport after assessing an individual's needs against the criteria.

Patients need to book their transport no later than 72 hours before the date of their appointment. The EMAS booking line is open between 8am and 8pm, seven days a week.

Patients with a hearing or speech impairment should contact the service on 18001, followed by the full phone number. These patients must have access to the Next Generation Text Service.

What is non-emergency patient transport?

East Midlands Ambulance Service (EMAS) offers non-emergency patient transport to people who need travel assistance to safely attend their hospital appointments.

Ambulance transport is only available for patients with a medical condition that prevents them from independently travelling to hospital.



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Walk-in Centres	For non-urgent, non-life-threatening concerns	Corby Urgent Care Centre Cottingham Road Corby Northamptonshire NN17 2UR Opening hours Monday 8am – 8pm Tuesday 8am – 8pm Wednesday 8am – 8pm Thursday 8am – 8pm Friday 8am – 8pm Saturday 8am – 8pm Sunday 8am – 8pm
		Milton Keynes urgent care The Urgent Care Centre, Hospital Campus, Standing Way. Eaglestone, Milton Keynes, MK6 5NG Tel: 01908 303030 Open 24 hours
X-ray Walk in	Northampton General Hospital	Website: https://www.northamptongeneral.nhs.uk/Services/Our-Clinical-Services-and-Departments/Radiology/Attending-for-an-Xray.aspx



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	<p>All appointments can be made by Ringing the GP x-ray booking line 01604 544397 between the hours of 08.00 and 18.00 Monday to Friday.</p>	<p>Contact details</p> <p>General X-Ray: 01604 544397</p> <p>Walk-in between 08.30 – 17.00 Monday to Friday</p> <p>Call for weekend and evening appointments</p>